

## Company Policy Statement for Display Screen Equipment.

The Health & Safety (Display Screen Equipment) Regulations 1992 apply to work with DSE.

Display screen operators may suffer from postural difficulties and visual fatigue, in addition to the other hazards of the workplace, such as tripping over cables or carpets and lifting injuries.

Although display screen equipment does produce some radiation, the levels produced are no more than those from the environment in many areas.

Postural hazards result from poor ergonomics and working environment.

The following may produce fatigue - related conditions:

- sitting in an immobile position for long periods.
- high rates of repetitive finger movements, with the wrist bent.
- excessive force and over - reaching when using a mouse.
- poor circulation to the legs.
- pressure from the seat / chair upon the thighs caused by incorrectly adjusted seat.

Visual fatigue may result from the following:

- poor screen display, such as low contrast or flickering, or a small screen.
- high levels of ambient light compared to the screen display.
- reflections or glare.
- the need for a document holder.

These can produce eye strain, headaches or other related symptoms.

It is our policy to provide a working environment that is both comfortable and maximises the effectiveness of employees. Although the regulations only apply to DSE users we aim to apply the principles to all DSE workstations regardless of the category of user.

To achieve our goals we will put in place arrangements and procedures for the assessment of risks from the use of DSE. The risk assessment will be supported by the provision. Maintenance and monitoring of appropriate control measures to minimise any risks identified.

Responsibility for implementing this policy lies with the Operations Director who will delegate functions to appropriate persons.

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